

## AGING – 1018

The Aging Minor draws together courses from a number of academic disciplines around the theme of human aging. Students will learn about physical, social and psychological changes that occur in adulthood; ways of addressing older adults' needs; and how to promote successful aging. The following departments are involved in the minor: Social Work, Anthropology, Biology, Fashion (Design), Health & Wellness, Nutrition, Psychology and Sociology.

### REQUIRED COURSES (by advisement) 6-9 credits

PSY 327 Adult Development and Aging (prerequisite PSY 101)

**Or**

SOC 352 Sociology of Aging (prerequisite SOC 100)

**Or**

HEW 345 Wellness, Fitness and Aging (prerequisite — upper division status)

AND

Independent Study (499)

**Or**

Independent Project (495)

**Or**

Internship (488)

**ELECTIVE COURSES (by advisement) 12-15 credits (including prerequisites)** Elective courses must be taken from at least two departments. If HEW 345, PSY 327 or SOC 352 is used as the required course, it cannot be used as a minor elective course.

ANT 320 Human Growth in Anthropological Perspective

ANT 327 Introduction to Medical Anthropology (ANT 100, upper division)

BIO 308 Human Anatomy and Physiology (BIO 100, upper division status)

FIT 347 Clothing in Relation to Human Behavior

HEW 345 Wellness, Fitness and Aging (upper division status)

NFS 338 Nutrition and the Life Cycle (NFS 337)

PSY 327 Adult Development and Aging (PSY 101)

PSY 388 Psychology of Death and Dying (PSY 101 and 42 credits)

PSY 427 Adult Development and Aging II (PSY 101)

SOC 352 Sociology of Aging (SOC 100)

SWK 320 Social Services Organization (SWK 220)

SWK 321 Elderly and Social Services

**ENTRY TO MINOR:** The Aging Minor is open to majors from any department and is seen as complementing the training the student receives in his or her major. No course used for the Aging Minor may be used towards fulfilling the major requirements. Students must have a minimum G.P.A. of 2.0 for admission to the Aging Minor.

**TRANSFER CREDIT:** A maximum of 3 courses of transfer credit are accepted toward fulfillment of the minor.

**GRADUATION WITH MINOR:** Requires 21 hours as shown above with a grade point average of 2.00 or above.