

**Template for Applying Time Series/
Single-Subject Designs to Evaluate Practice Effectiveness**

A. Purpose of the study

What do you want to investigate?

B. The time period

When did your study begin and end?

C. Explain how client(s) was selected for your study. What criteria did you use to accept clients in the sample? Describe your client or clients, indicating age, race, marital status, educational status, health status, sources of income and in-kind benefits, their strengths, and their needs.

D. Plans you executed to protect clients' privacy, i.e., anonymity or confidentiality

E. Describe what has been targeted for change. This behavior, thought, or mood should lend itself to repeated measurements.

Measuring the target behavior

Describe how you will arrive at the baseline measure and use it to measure the impact of your intervention on the targeted behavior, thought, or mood?

Will you take frequency, duration, or intensity measurements?

How long is the baseline phase? How long is the treatment phase? How long will you do follow-up?

How often will you measure the target behavior during the baseline, treatment, and follow-up phases?

If you use a standardized instrument, log, or rating scale, please attach it. State who developed the instrument.

F. What treatment or intervention(s) will you use? Why do you believe this intervention(s) will be effective? Present empirical (scientific studies) and/or logical support for the intervention.

Describe the intervention in detail. How frequently will you meet with the client(s)? How long will these meetings last? What format will these meetings take? Will others besides you and the client be present? What content will be discussed or presented in these sessions? What homework or real life practice will take place between sessions? Over what period of time will the interventions take place?

G. Findings and Conclusions

Analyze and summarize your findings. Make a graph or a table in which you depict the client target behavior throughout the study. Explain what you learned. What are the implications of these findings for you and/or the field?