

## Template for a Group Design Study

NOTE! Just because these are known as group designs does not mean that the intervention must be presented in a group. Clients can still receive one-on-one intervention.

### A. Purpose of the study. What you want to investigate?

Describe the problem that has been targeted for intervention or the knowledge that you're trying to convey. How will you measure whether your clients are improving or learning? For example, perhaps 12 female teen moms would like to learn about ways to physically and mentally stimulate their babies and toddlers, and provide support to one another. You could count the number of ideas the moms have about ways to play with their babies, before you begin helping, and after you've worked together on the goal.

### B. The time period of your study.

### C. The clients considered eligible for the study.

What criteria did you use to accept clients in the study? How many clients are in the study? Briefly describe who your clients are, e.g., the age range and average age, gender breakdown, educational levels, racial makeup, religious makeup, socioeconomic levels, etc. What are your plans to protect clients' privacy, i.e., anonymity or confidentiality?

### D. Describe the intervention(s) your clients received.

Mention the number of sessions provided, the length of each session, and the entire duration of the intervention(s). Describe the format of each session. Include written material that explains the content being presented to each client. For example, if you are working with male batterers and you plan to teach them how to use problem-solving instead of manipulation and domination strategies, you would include a sheet that outlines problem-solving and explains how each client will be taught this strategy.

Why do you believe that this intervention will be effective?

### E. Measuring client changes.

When and how will you measure the extent of the client change? Please attach any standardized surveys or self-reports you used.

### F. Findings and Conclusions

Analyze and summarize your findings. For example, you can use tables, graphs, or statistics and explain what you found. What implications do these findings have for you and/or the field agency?

Was the intervention effective? If not, why do you suppose your intervention was less effective than expected?

